



**Basic Education & Literacy
Empowers Future Generations**



**Education for Every
Child Matters**

Empower Young Minds Today!

*Let them
Learn, grow, Succeed!*



Beehives Board

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Basic education and literacy are essential for both personal and societal development, serving as crucial tools for empowerment and progress. They provide individuals with the necessary skills to navigate daily life, access information, and actively participate in their communities. Literacy encompasses more than just reading and writing; it also involves critical thinking, problem-solving skills, and effective communication.

In an increasingly interconnected world, where information is power, literacy opens the door to lifelong learning and adaptation to changing circumstances. Addressing disparities in access to quality education is crucial, as it ensures equitable opportunities for all, regardless of socio-economic background.

Ensuring quality primary and lower secondary education can dramatically change individuals, families, and entire communities by breaking the cycle of poverty, promoting health and well-being, empowering women and girls, and fostering social cohesion and stability. These elements not only empower individuals but also stimulate economic development and encourage social inclusion.

In today's world, where artificial intelligence (AI) is reshaping industries and redefining our lifestyles, it is easy to underestimate the significance of basic education and literacy. Yet, these foundational aspects remain vital for several reasons:

- Basic education lays the groundwork for future learning, enabling individuals to adapt to new technologies and innovations.
- Literacy and basic education promote critical thinking, analysis, and problem-solving skills, which are essential for navigating the complexities of an AI-driven environment.
- They establish the basis for digital literacy, allowing individuals to use technology and AI tools effectively.

Education and literacy act as key drivers of social and economic mobility, empowering people to engage fully in the economy and society. Furthermore, they enable individuals to interact with AI systems in a more informed and nuanced manner, ensuring that AI development aligns with human values and needs.

In the age of AI, it is crucial to prioritize:

- Access to Quality Education: Ensure equitable access to quality education, emphasizing basic literacy and numeracy skills.
- Adaptability and Lifelong Learning: Foster a culture of lifelong learning, allowing individuals to adjust to evolving technological landscapes.
- Digital Literacy: Integrate digital literacy into basic education, preparing individuals for the demands of an AI-driven world.

Investing in basic education is one of the most effective strategies to promote sustainable development in developing countries. It represents not just a moral obligation but also a strategic investment in the future prosperity and stability of nations.



Empowerment Through Education

*Living a Dream
Building a Future*

**Contribute to creating
totally literate
localities through
comprehensive
programs that target
different age groups
and needs.**

**The Capacity to learn is a gift, the ability to learn is a skill,
the willingness to learn is a choice**



Celebrating the Importance of Basic Education

(Rtn Murali M Achuthan, President)



We are fortunate to reside in a state where basic education is held in high regard. Once, a great poet composed the epic lines: “Karka kasadara karpavai katrapin, nirka adharkuth thaga.” Indeed, nothing endures and thrives like fundamental education.

Rotary has designated September as the month for basic education and literacy. As a club, we should unite and explore avenues to promote basic education. We are privileged to have educators and teachers among us who play a crucial role in this mission. By partnering with other clubs, institutions, and districts, we can turn this vision into a reality for those in need, creating a significant impact.

We carry the responsibility to ensure that education is equitable, providing every learner, regardless of their background, with the opportunity to succeed. In the meantime, let us continue our membership engagement and the projects we've initiated earlier.

Thank you, and may you have a wonderful September!

A Month of Vibrancy, Fellowship & Impact

(Rtn D Devendran District Governor)



August, the month of Membership, has been nothing short of remarkable for our District. I am delighted to share that we added 316 new members, with a net growth of 262, and every scheduled club installation was completed by 28th August. We are truly moving in the right direction—towards club vibrancy, where no club has fewer than 40 members, and every club is becoming stronger. Five new clubs are under formation, alongside 20+ new Interact clubs and 10+ new Rotaract clubs. Let us continue to aim high—clubs with 40+ members should grow by 20%, and 50+ member clubs by 10%.

The spirit of club service shone brightly this month. The Rotary Car Rally – Heritage Hunt brought together over 100 cars and 500 Rotarians for a day of fellowship and fun. We also conducted the District Club Vibrancy Workshop, equipping our leaders with tools for stronger clubs. Hosting the LEAD25 Rotary India Leadership Conclave was a matter of pride for us, and the Hi Tea with RI President Francesco Arezzo was truly a feather in our cap. I am equally thrilled to see so many vibrant fellowships happening across clubs—these bonds keep our Rotary family strong.

In the area of Environment, our Say No to Plastic Bag Awareness Walk created an inspiring impact in the community. In healthcare, we signed a landmark MOU with Apollo Hospitals, bringing meaningful benefits to our Rotarians and their families.

On the Rotary Foundation front, over 40 Rotarians committed contributions, and projects worth ₹16+ crores were initiated during the LEAD25 conclave. These steps strengthen our impact and legacy.

A special mention to Cluster 3 Presidents and AGs, who hosted the first-ever Presidents’ Meet, aptly named Retro Star, in a retro theme. It was a wonderful celebration of leadership and creativity.

Finally, my heartfelt congratulations to Rtn. AKS M. Ambalavanan on being unanimously elected as DGND—a proud moment for our district.

Friends, August has set the tone for an incredible year. Let us keep this energy alive, continue adding vibrancy to our clubs, and together, unite for good.

Rotary and Apollo

Chart a two-year journey of wellness and service

An MOU signed between District 3233 and Apollo Hospital ensures tangible benefits for Rotarians and their families—20% discounts on hospitalizations and healthcare services and 30% off master health checkups. Apollo will now stand alongside Rotary in community service: health camps in underserved areas.

Wisdom is not a product of schooling but of the lifelong attempt to acquire it



Peace Through Education



Rtn. Francesco Arezzo

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When I stepped into the role of Rotary International president, the moment came swiftly and unexpectedly. It got me thinking about how the world can change in an instant, and how Rotary has the power to be a steady force for good in that change. This month, Rotary's Basic Education and Literacy Month, we have a clear call to action: to strengthen the foundation of learning in every community we serve.

Millions of people worldwide remain unable to read. Millions of children lack access to basic education. And yet, we know the solution: sustainable, inclusive, and equitable education, especially for girls and marginalized youth. Literacy is more than the ability to read and write. It is the key to human dignity, economic mobility, and peace. Every book opened, every classroom supported, and every teacher trained becomes a building block of peace.

This year, our message is Unite for Good. "Unite" speaks to the strength we find in each other. When we unite our talents and resources — not only among our clubs but across partners, organizations, and communities — we expand our reach. And when we do so consistently over time, we create lasting change. Rotary service cannot be measured only in annual goals. Our work in education must extend beyond a single year. Literacy projects take time to take root, grow, and bear fruit.

Now is the time to think boldly and creatively. New types of clubs can help us engage educators, students, and advocates in new ways. Let us use this month to welcome new members with a passion for education and empower existing ones to lead service projects that reflect local needs. Whether you're building libraries, distributing textbooks, or mentoring students, your actions matter.

Education is also peacebuilding. Every scholarship we provide, every early childhood program we support, and every adult literacy class we fund is an act of peace. And Rotary has been building peace in this way for more than a century.

Let us not forget that the fight for literacy is not only about access; it's about equity. It is about ensuring every learner, regardless of background, has the opportunity to reach their potential. And it is about standing together — across borders, languages, and generations — to say that education is a right, not a privilege.

Let's Unite for Good by committing to literacy that lasts. Let's dream of a world where every child learns to read. And then, as people of action, let's work together to make that dream a reality.

Together, we can change lives, starting with the power of education. Together, we Unite for Good.
Francesco Arezzo
President, Rotary International



Each year on 24 October, Rotary and Rotaract clubs around the world join with our partners, health organizations, and public health advocates to mark World Polio Day. You have a critical role in this by hosting events and activities to increase awareness about polio and raise funds toward eradicating it. To build on the success of last year, we need your help!

Rotary made a promise to the children of the world that no child should suffer the consequences of this vaccine-preventable disease.

Start planning a World Polio Day event or action; now is the time! What kind of event to have?

Host a club presentation.

Organize a light show in your locality.

Raise awareness by projecting the End Polio Now logo on buildings, theaters, or other landmarks in your area.

Set up a booth in a market, shopping mall, or public square with End Polio banners.

Have members there wearing End Polio Now shirts or holding banners.

Organize a walk or bike ride with other clubs, districts, or local organizations.

Collaborate on a social media campaign: Work with Rotary, Rotaract, and Interact clubs in your area on a campaign to share engaging content on social media about the vital role that Rotary plays in the fight against polio.

**Preventing conflicts is the work of politics;
establishing peace is the work of education**



Know About Rotary

Learn about Rotary & Lead Your Club

Definition of Rotary

?????



Describing the Organization Known as "Rotary": The Rotary organization possesses a multitude of characteristics, along with the diverse activities carried out by millions of Rotarians around the globe.

There are the features of service, internationality, fellowship, classifications of each vocation, development of goodwill and world understanding, the emphasis on high ethical standards, concern for other people, and many more descriptive qualities.



In 1976 the Rotary International Board of Directors was interested in creating a concise definition of the fundamental aspects of Rotary. They turned to the three men who were then serving on Rotary's Public Relations Committee and requested that a one-sentence definition of Rotary be prepared. After numerous drafts, the committee presented this definition, which has been used ever since in various Rotary publications.

"Rotary is an organization of business and professional persons united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace."



The Evolution of the Rotary Wheel Emblem

Rotary



The Rotary wheel, which has remained unchanged since 1924, underwent several redesigns during the early years of the organization. The emblem of the Rotary Club of Chicago, featuring a wagon wheel, inspired the initial logos for other clubs and Rotary International. In 1905, Montague M. Bear, an engraver and member of the Rotary Club of Chicago, created a sketch of a wagon wheel with 13 spokes to serve as the club emblem. When fellow members expressed that the design appeared static and lifeless, Bear added embellishments that made the wheel seem to float on a bed of clouds. Unfortunately, some members felt the clouds resembled dust, creating a visual contradiction by being kicked up on both sides of the wheel. In response, Bear overlaid a banner reading "Rotary Club" atop the clouds.

In 1911, Secretary Chesley R. Perry suggested that the National Association take steps to establish the wheel as the core element of every Rotary club's emblem. Clubs were invited to submit their designs to an emblem committee in advance of the 1912 convention in Duluth, Minnesota, USA. The Duluth convention helped clarify the emblem's design. It was defined as consisting of a wheel with gears cut around the outer edge. The spokes were designed to signify strength, while the gears served two purposes: to add visual interest to the design and to symbolize power. The word "Rotary" was placed at the top, and "International Association" at the bottom, marking Rotary's transition into an international organization in 1912. Clubs were encouraged to adopt a similar design, replacing "International Association" with their city name at the bottom. The specifications for the number of spokes and cogs were left open, leading to various emblem designs in use by 1918.

To address the growing number of emblems, the Board appointed Charles Mackintosh, of the Rotary Club of Chicago, Illinois, USA, and Oscar Bjorge, of the Rotary Club of Duluth, Minnesota, USA, to the committee charged with standardizing the Rotary emblem. Bjorge drafted an emblem with six spokes and 24 cogs, giving it a sturdy appearance. In this design, the number of teeth and spokes was intended to reflect a real, working gearwheel. The number of spokes and cogs did not reflect any specific aspect of Rotary's history or its programs, and this is still true today. In November 1919, the Board adopted Bjorge's design and a detailed description, and the 1921 convention formally approved them. For many years, descriptions of the emblem simply referred to an article called "Redesigning the Rotary Wheel" in the January 1920 issue of The Rotarian, which announced the Board's decision.

By 1924, Bjorge's design had been modified to include a keyway. This addition has been attributed to Will R. Forker, of the Rotary Club of Los Angeles, California, USA. He was reported to have said Bjorge's design made no provision for the transfer of power to or from a shaft, rendering the wheel idle. Forker perceived Rotary as a "living force," and inserting a keyway into the hub made the new wheel a "real worker." In January 1924, the Board formally approved the emblem that was then in use. Not all written descriptions were updated immediately, however. To clear up any confusion caused by the various decisions about the emblem between 1912 and 1929, a standard description of the existing design, with a keyway, was approved by the 1929 convention.

The Rotary emblem today.

For many years, the wheel stood alone as our logo. Although the words "Rotary International" are embedded in the wheel, they're hard to read from a distance. So in 2013, Rotary expanded the official logo to include the word "Rotary" next to the wheel. The Rotary wheel remains our mark of excellence. In addition to being part of the official logo, it may be enlarged for greater impact and used separately but near the logo.

Using the emblem

The Rotary emblem, like Rotary's name and other logos, is a registered trademark. Clubs, districts, and Rotary Entities are welcome to use the Rotary emblem subject to the guidelines for the use of the Rotary Marks as set forth by the RI Board of Directors. These guidelines govern the use of the Rotary Marks on all merchandise, promotional materials, and publications, including domain names and websites.

The way we react to adversity can be a major factor in how happy and successful we can be in life

Trust Leadership Transition

Chairman & Managing Trustee Charge Handover

Taking into account the expressed difficulties of Rtn R Venkataraman, the Founder Trustee, to continue as Chairman & Managing Trustee of "The Rotary Club of Chennai Beehives Trust," the Trust Board in its meeting held on unanimously nominated Rtn Dr V Thiagarajan to succeed as Chairman & Managing Trustee.

Following the formal announcement regarding the handing over of the responsibilities, it is hereby officially declared that the charge of Chairman & Managing Trustee has been transferred by the Founder Trustee (Outgoing Chairman & Managing Trustee) Rtn R Venkataraman to the Incoming Chairman & Managing Trustee: Rtn. Dr. V. Thiagarajan on 26 September 2025, in the presence of Rtn T Kesavan, Rtn R Seralathan, Rtn M V Mukundhan, Rtn C H Sudarsanam, and Rtn G Vijendran.

This transfer of responsibilities has been duly recorded in the official trust records. All parties concerned are requested to take note of this announcement and extend their full cooperation to the new Chairman & Managing Trustee in the discharge of their duties.

The Board of Trustees records their appreciation, and the Trust expresses its sincere gratitude to the outgoing Chairman & Managing Trustee Rtn R Venkataraman for his dedicated service and invaluable contributions during his tenure.

Trustees in attendance



Making Over Registered Trust Deeds



TAKING OVER TRUST RECORDS & DOCUMENTS



Solar Street Lamp Project

A Signature Initiative of the Rotary Club of Chennai Beehives

We are delighted to announce our club's signature initiative: the installation of twenty solar street lights at Sri Arunodhayam, a home for abandoned children with intellectual disabilities (ID), located at Thanigai Complex, Ramasamudram Village, Pallipet Taluk, Thiruvallur District. This project entails a total investment of ₹2,63,800 (Rupees Two Lakhs Sixty-Three Thousand and Eight Hundred only).

The primary goal of this initiative is to enhance the safety and security of the Arunodhayam Home community through sustainable and reliable lighting solutions, ultimately improving the overall living conditions. Through this initiative, we aim to:

Increase Safety: By illuminating pathways and common areas, we significantly reduce the risk of accidents, creating a safer environment for residents.

Improve Security: Well-lit surroundings deter crime and foster a sense of safety, especially during nighttime.

Promote Sustainability: Solar street lights provide an eco-friendly alternative to traditional lighting, helping to decrease carbon footprints and reduce dependence on fossil fuels.

This project will ensure consistent lighting, lessen reliance on non-renewable energy sources, and contribute to environmental preservation while enhancing safety and security in public areas.

Ultimately, this initiative will provide a lasting benefit to the community, with positive effects that will echo for years to come. It will serve as a visible testament to our club's dedication to service, innovation, and environmental stewardship.



**One hand of help, one word of sympathy, one act of humanity, one smile of charity
and one sweet hello can change someone's mood and life**



Rowing together towards Rotary's Goals The Strength of Unity

By Rtn.R.Venkataraman, Club Mentor



In Rotary, we often hear the phrase "Service Above Self." But what truly brings that service to life? It is our collective effort, our shared commitment, and our active participation in our Club meetings and activities. Think of our club as a boat, and each member as a rower. A boat does not go forward if each one is rowing their own way.

Team Work Makes the Dream Work

Participating in meetings fosters teamwork. When we come together, we can:

Brainstorm ideas: Share innovative approaches to community challenges.

Collaborate on projects: Pool our resources and skills for greater impact.

Support each other: Offer encouragement and assistance to fellow Rotarians.

Teamwork multiplies our individual efforts, allowing us to achieve more than we ever could alone.

Unity : The strength of Our Club

Unity within our club is paramount. Regular attendance and engagement in meetings help to cultivate:

Shared understanding: Ensures everyone is aligned on goals and priorities.

Stronger bonds: Builds camaraderie and trust among members.

Consistent action: Allows us to act cohesively and effectively.

When we row in sync, our boat glides smoothly towards our shared destination.

The Value of Collective Effort

Every member's contribution is valuable. Attending meetings provides opportunities to:

Voice your opinions: Share your perspectives and help shape our club's direction.

Learn from others: Gain insights and knowledge from diverse experiences.

Contribute to decisions: Participate in shaping the future of our club and its impact.

Collective effort amplifies our individual contributions, leading to greater impact and meaningful change. Let us all commit to rowing together, in unity and with purpose, to propel our Rotary Club forward and make a lasting difference in our community and the world. Together, we can achieve more than we ever thought possible.

A B C D Never leaves alone

Childhood



A = Apple,
B = Ball
C = Cat,
D = Dog
E = Elephant

Young Age

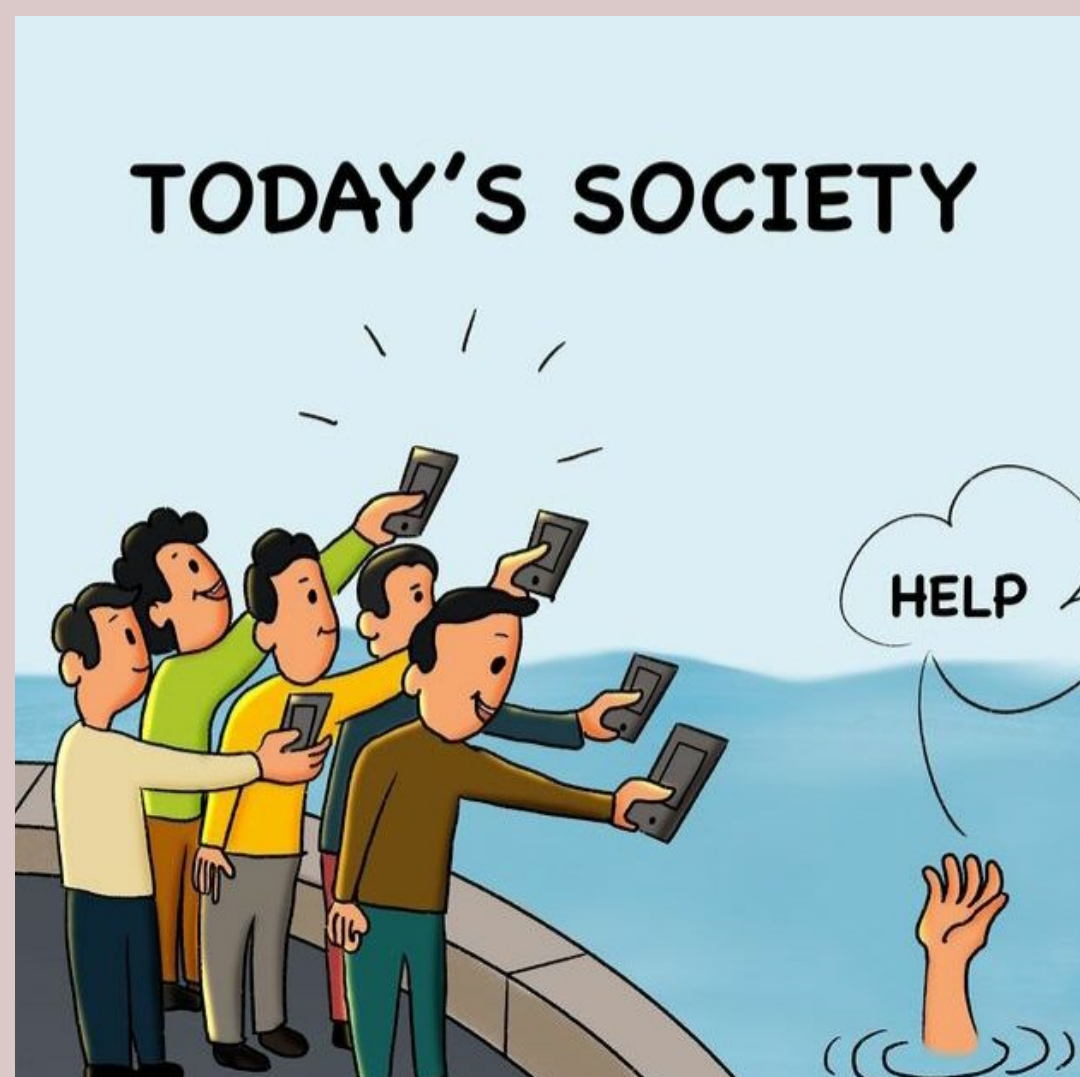


A = Android ,
B = Bluetooth
C = Currency,
D = Dance
E = Enjoymeny

Old Age



A = Android ,
B = Bluetooth
C = Currency,
D = Dance
E = Enjoymeny

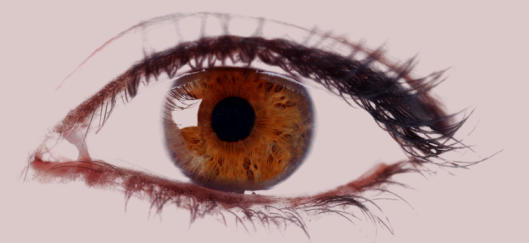


Good people give you happiness, bad people give you experience, worst people give you lesson and best people give you memories.



Have an EYE on Your EYE

Eye Care - A clear Vision of Better Life



(Rtn Dr V Thiagarajan, Director, Community Health)

Importance of Eye Health

Our eyes are crucial for everyday functioning, learning, and communication.

Many people overlook eye health until a problem arises—by then, damage may already be done.

Eye issues can also signal other health problems like diabetes, hypertension, or neurological disorders.

Regular Eye Check-Ups

Everyone—regardless of age—should have routine eye examinations, even without noticeable vision issues.

Conditions like glaucoma, cataracts, and diabetic retinopathy often develop silently and can lead to permanent vision loss.

Early detection through screening can save sight and improve quality of life.

Healthy Habits for Better Vision

Follow the 20-20-20 rule: Every 20 minutes, look at something 20 feet away for 20 seconds to reduce eye strain.

Protect your eyes from UV rays with sunglasses.

Eat a balanced diet rich in leafy greens, carrots, and omega-3s to support eye health.

Avoid rubbing your eyes and maintain hygiene, especially when using contact lenses.

Rotarian Responsibility and Community Impact

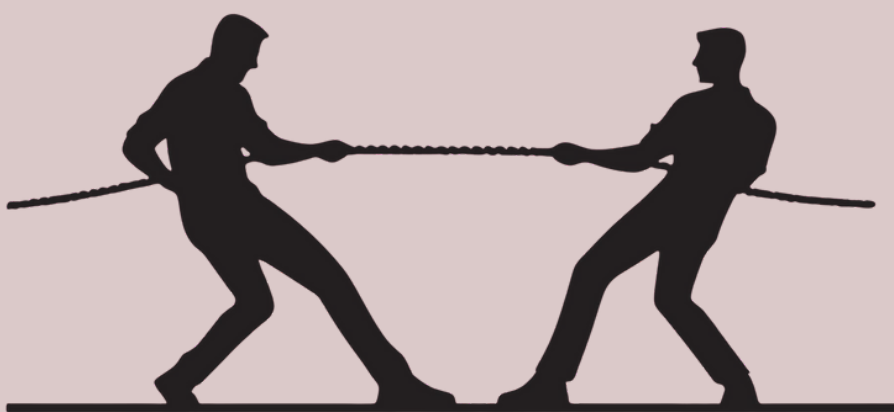
As Rotarians, we can promote eye health awareness in our communities.

Organizing free eye camps, supporting access to affordable eye care, and promoting eye donation are impactful ways to serve.

Eye donation is a noble act that restores vision to the blind.

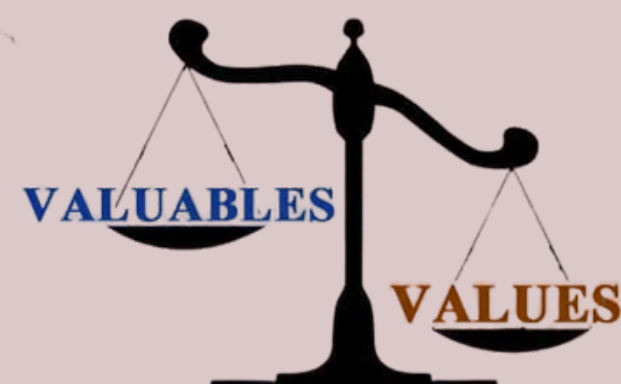
One eye donor can help two people see again.

Choice is Yours

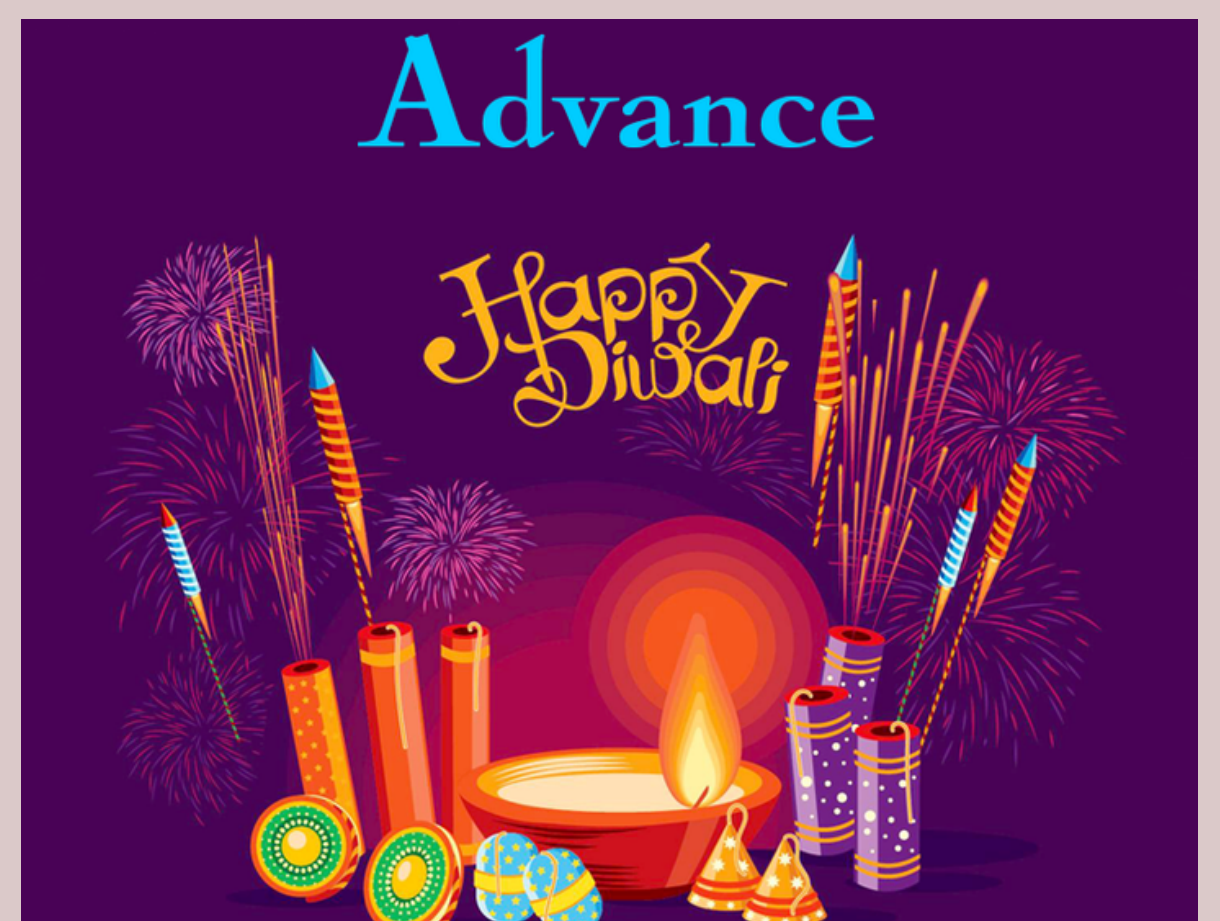


Tug of War: If ambitions overtake performance, the gap is called frustration. If performance overtakes ambitions, it is called success.

Choice is Yours



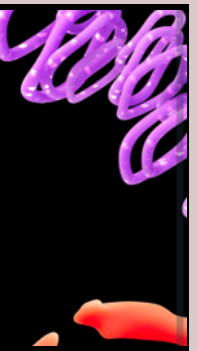
The “VALUES” we leave in our children are more important than the “VALUABLES” we leave for them.



**Do not inspire your teammates by showing them how amazing you are.
You inspire them by showing them how amazing they are.**



Beehives Weekly Meeting



The weekly meeting held on 14.9.2025 was led by Immediate Past President Rtn. G. Vijendran, as President Rtn. Murali M. Achuthan was away from Headquarters.

The meeting commenced with a warm welcome extended by the esteemed Club President to all members and guests. The President emphasized the significance of this week's topic, presented by a distinguished speaker.

- ***Featured Speaker***

This week's session featured the esteemed Dr. P. V. Thothadrinathan, a scholar of Sanskrit from the Department of Sanskrit, Samhita & Siddhanta, at Sri Sai Ram Ayurveda Medical College & Research Centre, Chennai. He delivered a talk titled "Unlocking the Secrets of Bhagavad Gita for Everlasting Happiness."

Thothadrinathan shared profound insights into the enduring relevance of the Gita, noting that the topic could be approached from two perspectives: defining "everlasting happiness" philosophically or in the context of everyday life.

He briefly addressed the philosophical aspect, explaining that everlasting happiness equates to Moksha, liberation, or salvation, which can be attained through the practice of Bhakti Yoga, supplemented by Karma and Jnana Yoga. Additionally, he suggested that the concept of everlasting happiness could also be interpreted through longevity and health, as articulated by Acharya Charaka in Ayurveda, where **sukham** signifies **aarogyam** (health).

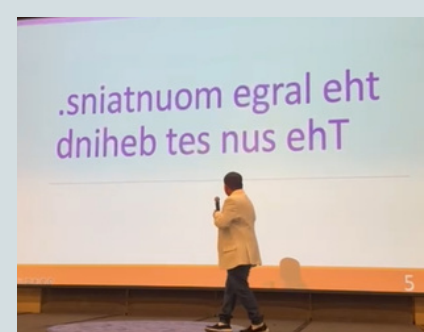
The lecture was met with enthusiasm from the participants. Following the presentation, an interactive session allowed attendees to engage with the speaker, who patiently and expertly addressed all inquiries.

After contributions from several members, the Club Secretary expressed heartfelt gratitude through a vote of thanks, acknowledging the speaker's insightful presentation, the President's leadership, and the active participation of all attendees.

This week's Rotary Club meeting sparked a stimulating discussion about the Gita and its relevance in today's world, fostering a greater understanding and appreciation of diverse cultures.



Asvanth Balasubramaniyam



11 Year Old Boy, the Grand Son of Rtn Seralathan & Rtn Ezhilarasi residing at Qatar, set record in India Book of Records.

Set his first record in India Book of Records, for viewing in laptop and reading maximum reverse sentences in English in 5 Minutes, with intense concentration, quick thinking and his ability to deconstruct and reconstruct words rapidly. He has created the record by reading correctly all the 92 reverse sentences displayed in a laptop screen in 5 minutes.

His Second Record for being the fastest child to identify all the 40 International Maritime Signal Flags by recalling the meanings of all the flags in 1 minute and 8 seconds simply by viewing the images of flags on a laptop screen. In English in 5 Minutes, with intense concentration, quick thinking and his ability to deconstruct and reconstruct words rapidly. He has created the record by reading correctly all the 92 reverse sentences displayed in a laptop screen in 5 minutes.

His record is a testament to his unique skill and is an accomplishment not only brings pride to his family and community but also inspires other young individuals to explore their potential and push their boundaries.

Do Not get upset with people or situations, both are powerless without your reaction

Rotary Club Speaker Meeting -Procedure--A step by step guide

By Rtn R Venkataraman, Club Mentor

Pre Meeting Preparation

Effective speaker meetings require careful planning and preparation. Here's what to do before the meeting:

1. **Confirm Speaker Details:** Verify the speaker's name, title, and topic. Reconfirm their arrival time and any special requirements (e.g., projector, screen, microphone).
2. **Prepare Introduction:** Draft a concise and engaging introduction for the speaker. Include their background, relevant experience, and the topic they will be addressing. Share the intro with the speaker for their approval in advance.
3. **Meeting Logistics:** Ensure the meeting venue is set up appropriately. Check the audio-visual equipment, seating arrangement, and any necessary materials (e.g., water, lectern).
4. **Promote the Meeting:** Inform club members and potential guests about the upcoming speaker meeting via email, social media, or announcements during previous meetings.
5. **Prepare Thank You Gift:** Have a small token of appreciation ready to give to the speaker. This could be a Rotary-branded item or a donation to a charity of their choice, made in their name.

Welcoming Members & Guests

Creating a welcoming atmosphere is crucial for engaging attendees:

1. **Arrival and Registration:** Designate a member to greet attendees at the entrance, welcome them to the meeting, and facilitate registration.
2. **Networking Time:** Allow time for members and guests to mingle and network before the meeting formally begins. This fosters fellowship and encourages new connections.
3. **Announcements:** Make any necessary club announcements before introducing the speaker. Keep announcements brief and relevant.
4. **Pledge/Invocation/Song:** Start the meeting with a pledge, invocation, or a song to set a positive and reflective tone.

Introducing the speaker

A well-crafted introduction sets the stage for the speaker's presentation:

- 1.**Brief Overview:** Briefly introduce the speaker and their topic to the audience.
2. **Highlight Credentials:** Mention the speaker's relevant qualifications, experience, and achievements.
3. **Engage the Audience:** Generate excitement and anticipation for the presentation.
4. **State the Title:** Clearly announce the title of the speaker's presentation.

Managing the Q & A Session

A structured Q&A session allows for interaction and deeper understanding:

- 1.**Moderation:** Act as a moderator to ensure the Q&A session is well-organized and efficient.
2. **Time Management:** Allocate a specific time for Q&A and adhere to it strictly.
3. **Question Selection:** Select questions from the audience, ensuring a variety of perspectives are represented. Avoid allowing any one person to dominate the session.
4. **Clarity and Conciseness:** Encourage questioners to be clear and concise in their inquiries. Repeat the question if necessary to ensure the speaker understands it correctly.
- 5.**Speaker's Discretion:** Allow the speaker to decline to answer a question if they are uncomfortable or unable to provide a response.

Closing the Meeting

A strong closing leaves a lasting impression:

- 1.**Thank the Speaker:** Express sincere gratitude to the speaker for their time and contribution.
- 2.**Present Gift:** Present the thank you gift prepared in advance.
- 3.**Summarize Key Points:** Briefly recap the main takeaways from the presentation.
4. **Open Floor for further Questions:** Open the floor for those who might have any further questions
5. **Announce Next Meeting:** Remind members of the date, time, and speaker for the next meeting.
6. **Adjournment:** Formally adjourn the meeting.

Next Step

Distribute this guide to all club officers and members.

Review the procedure periodically to ensure it remains effective and relevant.

Solicit feedback from members and guests to identify areas for improvement

Majority of Meetings should be discussions that lead to positive and tangible decisions

வீட்டில் இருக்க வேண்டிய மூலிகை செடிகள்



பிரண்டை :

பிரண்டை ஒரு அற்புதமான மூலிகை தாவரம். இதன் இலை, தண்டு, வேர் என அனைத்தும் மருத்துவ குணம் நிறைந்தவை.வலி நிவாரணம்,உடல் ஆரோக்கியம்,எலும்பு வலிமை,முதுகுவலி மற்றும் கழுத்துவலிக்கு பிரண்டை துவையல் சிறந்த நிவாரணம் அளிக்கிறது.மூல நோய்க்கு பிரண்டை துவையல் ஒரு பயனுள்ள மருந்தாகும்.இரத்த ஓட்டத்தை மேம்படுத்தி இதய ஆரோக்கியத்தை மேம்படுத்த பிரண்டை துவையல் உதவுகிறது.எலும்பு முறிவு விரைவில் குணமாக பிரண்டை துவையல் உதவும்.



வெற்றிலை :

வெற்றிலை என்பது Piper betle என்ற தாவரத்தின் இலை ஆகும். வெற்றிலை கொடி வகை தாவரம். இது தென்கிழக்கு ஆசியாவில் பல நூற்றாண்டுகளாக பயன்படுத்தப்பட்டு வருகிறது.ஜீரணத்தை மேம்படுத்தும், வயிற்று வலியைக் குறைக்கும்,இருமல் மற்றும் சளிக்கு சிகிச்சையளிக்கும். புற்றுநோய் எதிர்ப்பு பண்புகளை வெற்றிலை இலைகள் கொண்டிருப்பதாகவும் நம்பப்படுகிறது.



கரிசலாங்கண்ணி :

கரிசலாங்கண்ணி பாரம்பரிய உணவு மட்டுமல்ல, இயற்கையான மருந்தும் கூட. இதை நம் அன்றாட உணவில் சேர்த்துக் கொள்வதன் மூலம், பல்வேறு நோய்களின் அபாயத்தைக் குறைத்து, ஆரோக்கியமான வாழ்வை வாழலாம். இரத்த சர்க்கரை கட்டுப்படுத்துகிறது,குடல் புண்களை ஆற்றுகிறது,கல்லீரல் செயல்பாட்டை மேம்படுத்துகிறது,சரும ஆரோக்கியத்தை மேம்படுத்துகிறது, வயிற்றுப்போக்கு மற்றும் மலச்சிக்கலை நீக்குகிறது



கற்றாழை :

கற்றாழை இலைகளின் உள்ளே இருக்கும் பசை தான் 'கற்றாழை ஜெல் ' என்று அழைக்கப்படுகிறது. இதில்தான் மருத்துவ குணங்கள் இருக்கின்றன. உடலுக்கு தேவையான அனைத்து சத்துகளும் இதில் அடங்கும். ஆகவே அனைத்து நோய்களுக்கும் மிக சிறந்த மூலிகையாக உள்ளது,குடல் புண்களுக்கு மிகச் சிறந்த மருந்தாக உள்ளது, தீ புண்கள் மற்றும் வெட்டு காயங்களுக்கு கற்றாழை சோறு வைத்தால் அது சரியாகும்,,கற்றாழை சோறு தலையில் வைத்து ஒரு மணி நேரம் கழித்து குளித்து வர கண் எரிச்சல் குறையும். குடல் புற்றுநோய்களுக்கு கற்றாழை ஜூஸ் குடிக்க பாதிப்பு குறையும். வயிறு மற்றும் குடல் சார்ந்த நோய்களுக்கு மிகச்சிறந்த மருந்தாக கற்றாழை உள்ளது.கற்றாழையிலிருந்து வரும் பால் வீக்கங்களை குணப்படுத்தும். இது அடிபட்ட வீக்கங்களையும் கட்டுப்படுத்தும்.முடி வளர்ச்சிக்கு கற்றாழை பெரும் பங்கு வகிக்கிறது



கறிவேப்பிலை :

கறிவேப்பிலை, தென்னிந்திய சமையலில் மணமூட்டும் இன்றியமையாத மூலிகை.கறிவேப்பிலை பயன்கள் மற்றும் சத்துக்கள் அதிகம்.கருவேப்பிலையை பயன்படுத்தி ஹேர் ஆயில் செய்யலாம்,நோயெதிர்ப்பு சக்தியை அதிகரிக்கிறது,செரிமானத்தை மேம்படுத்துகிறது,சர்க்கரை நோயை குணப்படுத்தும் தன்மை இதற்கு உண்டு,கருப்பை சம்பந்தப்பட்ட அனைத்து வகையான நோய்களுக்கும் இது சிறந்த மருந்தாக உள்ளது, இரத்த சோகைக்கு மிக சிறந்த மருந்தாக உள்ளது.



சங்குப்பூ :

பல்வேறு நோய்களுக்கு சங்குப்பூ ஒரு அற்புதமான மருந்தாகும். சங்குப்பூ ரூபக சக்தியை அதிகரிக்க உதவுகிறது,சங்குப்பூ தோல் நோய்களுக்கும் சிறந்த மருந்தாகும்,உணவுக்கு நிறமூட்டியாக இதனை பயன்படுத்தலாம்,சங்கு பூவின் விதைகளை பொடியாக்கி உண்பதால் குடல் புழுக்கள் நீங்கும்.



துளசி :

துளசி, நோய் எதிர்ப்பு சக்தியை அதிகரிக்கும்,சளி, இருமல் போன்ற சுவாச நோய்களுக்கு சிறந்த மருந்தாகும்,மன அழுத்தத்தை குறைக்க உதவுகிறது.புனிதமான தாவரமாக கருதப்படுவதால், வீட்டில் துளசி செடி வளர்ப்பது நல்ல அதிர்ஷ்டத்தை கொடுக்கும் என்று நம்பப்படுகிறது.



நந்தியாவட்டை :

இரவில் நான்கு முதல் ஐந்து நந்தியாவட்டை பூக்களை தண்ணீரில் ஊற வைக்க வேண்டும்.இதனை 'ஊறல் குடிநீர்' என்றும் அழைப்பர். இந்த நீரினை கண்கள் கழுவ பயன்படுத்தலாம்,இந்த பூக்களை நன்கு கொதிக்க வைத்து கஷாயம் போல் செய்து அதனை ஒரு சொட்டு கண்களில் விட்டு கழுவலாம்,இளம் பூவினை எடுத்து கசக்கிப் பிழிந்து சாறு எடுத்து ஒரு ஒரு சொட்டு இரு கண்களுக்கும் விடலாம்.



செம்பருத்தி :

செம்பருத்தி வணங்காம முடியையும் வணங்கா வைக்கும் ஒரு சிறந்த மூலிகையாகும்,செம்பருத்தி இலையை எடுத்து பசையாக்கி தலை குளித்து வந்தால் முடி மென்மையாக இருக்கும்.செம்பருத்தி இலை,சீயக்காய் ,வெந்தயம் ஆகியவற்றை சேர்த்து காயவைத்து பொடி செய்து தலைக்கு தேய்த்து குளித்து வந்தால் முடி மிருதுவாக இருக்கும்.

A garden is not just a place. It is a conversation between the earth and the soul

A letter of Recognition to Club Mentor from Rotary Foundation

Dear Venkataraman,

Thank you for being a member of the Paul Harris Society! As Paul Harris noted, "Beneath the good works of Rotary...is the power of goodwill."



As a Paul Harris Society member, you're a philanthropic leader and an integral part of Rotary. Through your goodwill and annual support, you enable The Rotary Foundation to fund sustainable projects that make an impact both in your community and globally. Your generosity fosters peace, health, literacy, and economic opportunities.

We greatly appreciate your support, which empowers Rotary members worldwide to continue spreading goodwill and Doing Good in the World.

Sincerely,

Bharat S. Pandya

Bharat S. Pandya
2022 - 26 Trustee
The Rotary Foundation of Rotary International



Contribute to the Rotary Foundation

Have you ever thought about the magic that just one dollar can create when donated to the Rotary Foundation? Indeed, your contribution can ****generate hope**** around the globe and ****bring people together for good****. With your dollar, you can:

- *Reach every man, woman, and child on this planet
- *Empower women and girls
- *Provide education to all, particularly women and children
- *Protect our planet
- *Heal the sick
- *Feed the hungry
- *Illuminate homes
- *Equip the youth with skills
- *Foster peace
- *Respond effectively to crises

An Exclusive Offer to Beehivians - Don't Miss the Chance

Become a PHF (Paul Harris Fellow) by just paying \$500 to the Rotary Foundation.

Make a payment of \$500 to the Rotary Foundation and provide details of your contribution to our club mentor, Rtn R Venkataraman, who will share your balance of \$500 through his matching points.

You will receive your PHF Certificate and Lapel Pin.

Already, two of our club members have become PHFs by taking advantage of this facility.

One more is on the way. Why not you?

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.

"May your birthday be the start of a year filled with good luck, good health, and much happiness."

HAPPY BIRTHDAY

Annettee Mamta d/o Rtn V Srinivasan

Celebrated on 15.9.2025

Rtn T Arulprakasam

Celebrated on 16.9.2025

Rtn M S Sundararajan

Celebrated on 18.9.2025

Ann Ramakrishnan, h/o Rtn Sabitha

Celebrated on 23.9.2025



Happy Wedding Anniversary

Rtn J Natarajan

Ann Durga Devi

Celebrated on 15.9.2025

Rtn C H Sudarsanam

Ann Padmavathi

Celebrated on 15.9.2025

"Cheers to your special day and the beautiful journey you've shared.
Happy anniversary!"



Rtn M V Mukundhan on 5.10.25, Rtn Murali Achuthan on 6.10.25, Ann Karpagam Krishnan on 6.10.25, Rtn Dr Sabitha Ramakrishnan on 13.10.25, Ann Durgadevi Natarajan on 24.10.25, Rtn M R Sudharshan on 26.10.25 celebrate their Birth Day

Rtn Vashnavi & Ann Deepak Shankar on 13.10.25, Rtn B Shankar & Ann Lakshmi on 28.10.25 celebrate their Wedding Anniversary

There are three ways to ultimate success: The first way is to be kind, the second way is to be kind and the third way is to be kind.



A humble appeal for your generous contribution to “The Rotary Club of Chennai Beehives Trust”

**We make a living by what we get, but we make a life by what we give",
"Only a life lived for others is a life worthwhile".**

Building a Brighter Future Together

At “The Rotary Club of Chennai Beehives Trust,” we firmly believe that a brighter future is attainable for everyone. Over the past five years, our trust has dedicated itself to realizing our Mission and Vision, which include providing educational assistance to underprivileged children and offering medical support to the elderly and economically disadvantaged. We also extend support to old age homes and facilities for mentally challenged individuals. Our impactful work is made possible through the kindness and generosity of supporters like you, enabling us to create meaningful changes in our community.

Our Achievements

Since the inception of the Trust, we have celebrated numerous successes, including:

- Financial support for the school and college fees of five to six students annually
 - Conducting approximately 15 Annadhanams at old age homes and children's shelters
 - Providing four mobile vending carts at a cost of ₹1,40,000
 - Offering financial assistance for orthopedic procedures, infant eye surgeries, artificial limbs, kidney transplants, and liver transplants
 - Supplying RO systems to primary health centers
 - Distributing nutritive kits to pre/post-natal and lactating mothers
 - Implementing microcredit initiatives for small-scale vendors
 - Enhancing infrastructure for government schools
 - Supplying two transport buses for schools
 - Organizing free weekly medical check-ups and annual mega medical camps in rural areas in collaboration with BM Hospital
 - Contributing to the purchase of a cancer screening bus
 - Celebrating Deepavali with children in childcare homes
 - Providing financial aid to childcare centers in resettlement areas
- These stories of transformation are central to our mission.

Upcoming Project

We are excited to announce our next initiative: installing 20 solar street lamps at the Arunodhayam Mentally Retarded Destitute Home in Thiruvallur, with an estimated cost of ₹2,40,000. With your support, we can bring projects like this to fruition without compromising our goals.

Your donation, regardless of its size, has a profound impact on the lives of those we serve and instills hope for a brighter future.

You can make your tax-deductible contribution today under Section 80G of the Income Tax Act, 1961. After making your payment, please send us your PAN number and address for the issuance of the 80G certificate.

Donations can be directed to:

“The Rotary Club of Chennai Beehives Trust”**

IDBI Bank, Nanganallur

SB Account No: 0735104000052137

IFSC Code: IBKL0000735

Your support not only sustains our legacy of service but also enables us to expand our reach to assist even more individuals in need.

Thank you for considering our appeal. We are sincerely grateful for your belief in our mission and your commitment to effecting positive change.

With heartfelt gratitude,
Rtn Dr. V. Thiagarajan
Chairman & Managing Trustee
The Rotary Club of Chennai Beehives Trust

[Contact Secretary of the Trust at 9884062833 for more information]

"It's not how much we give, but how much love we put into giving",